Jenn Bruer

Coaching & Mediation



With decades of experience inside complex family systems, Jenn Bruer understands what families need during separation and change. As a Child and Youth Care Practitioner (CYCP), parent coach, divorce coach, and family mediator, she supports separating and separated families through a child-centred lens. Her 18 years as a foster parent bring expertise that is both professional and personal.

IDEAL CLIENTS

✓ Separating parents, including high-conflict situations
✓ Co-parents navigating communication and boundaries
✓ Parents building a parenting plan together
✓ Parents of children with complex needs (ADHD, ASD)
✓ Families referred by lawyers, GALs, and social workers

SERVICES

✓ Parent coaching
✓ Co-parenting coaching
✓ Divorce coaching
✓ Court-involved coaching, with written summaries as needed
✓ Family mediation, closed and confidential
✓ Neutral support for both parents in mediation

CREDENTIALS

✓ Child & Youth Care Practitioner (CYCP)
✓ Family Mediator (AccFM Qualifying, OAFM)
✓ York University Family Mediation Certificate
✓ Member, Divorce Coaches Assoc. of Ontario
✓ Retired foster parent after 18 years of service

Fully insured private practice.
Mediation is closed and confidential. Court summaries are provided in coaching only.

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